

Kembla Joggers Race Results

Track Series

Date 5 January 2012

Venue: Kerryn McCann Regional Athletic Centre

Courses: 5000m, 3000m, 1000m

Other: Open 300m

Pos	Name	Time	Age Group Record
300 m			
1	Darrin James	39.9	
2	Grant Armessen	46.8	
3	Liam Ryan	51.9	
4	Holly O'Dea	52.2	Equals Female 25-29 AGR
5	Shahna Fairley	59.0	
6	Kevin Ryan	62.6	
7	Pat O'Dea	62.7	
8	Jana Mumby	68.1	
1000 m			
1	Darrin James	3.08.3	
2	Jules Cleary	3.18.0	
3	Liam Ryan	3.18.4	
4	Greg Mackey	3.19.0	
5	Grant Armessen	3.26.6	
6	Ben Ruddy	3.40.4	
7	Andrew Ruddy	3.45.9	
8	Florence Mutahi	6.24.6	
3000 m			
1	Kevin Galway	10.20.	
2	Kasey Mumby	10.24.	
3	Tayla Merrick	10.53.	
4	Joe Pereira	12.17.	
5	Gavin Flynn	12.26.	
6	Elizabeth Martin	12.51.	
7	Chris Fraser	13.49.	
8	Sue Flynn	13.55.	
9	Jane Cleary	14.13.	
10	Shahna Fairley	14.57.	
11	Holly O'Dea	15.04.	
5000 m			
1	Tim Moss	20.22.	
2	Pat O'Dea	22.40.	50-54 Female AGR
3	Jana Mumby	24.36.	
4	Kevin Ryan	24.57.	
Junior 1000m			
1	Brook Wilkins	3.33.8	
2	Casey Cleary	3.45.7	
3	Jemma Simpson	3.52.4	
4	Shauna Flynn	3.55.8	
5	Jazmyn Shimwell	4.11.4	
6	Ciaran Flynn	4.11.6	
7	Ryan Shimwell	4.51.1	
8	Cameron Shimwell	4.51.3	
9	Ryan Mutahi	5.50.4	