

## Kembla Joggers Race Results

### Track Series

**Date:** 28th September 2017  
**Venue:** Kerryn McCann Athletics Centre  
**Courses:** Snr 3000m & 5000m, Jnr 800m, Open 300m

Pos	Name	Time	Age Group Record
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#### Senior 3000m

1	Vanessa Kearney	11:35.3	
2	Dylan Forbes	11:52.6	
3	Sue Flynn	13:13.8	

#### Senior 5000m

1	Ryan Martin	18:54.1	
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#### Junior 800m

1	Tayne Ward	2:24.5	
2	Ben Giason	2:31.6	
3	Joshua Benefiel	2:38.7	
4	Hannah Thomas	2:39.0	
5	Joe Hinds	2:42.0	
6	Jordyn Martin	2:46.1	
7	Taliah Moxham	2:49.3	
8	Lachlan Haining	2:51.2	
9	Avalon Forbes	2:58.2	
10	Cate Giason	3:08.0	
11	Kaja Wolter	3:09.5	
12	Xanthe Barnes	3:11.7	
13	Ava Harwood	3:13.9	
14	Henry Forbes	3:16.3	
15	Hana Barnes	3:17.6	
16	Kaitlyn Williams	3:29.3	
17	Isabella Harwood	3:45.8	
18	Bailey Jacobs	3:56.5	

#### Open 300m Heat 1

1	Avalon Forbes	54.6	
2	Ava Harwood	1:00.6	
3	Cate Giason	1:01.2	
4	Kaitlyn Williams	1:02.7	

5	Hana Barnes	1:04.9
6	Bailey Jacobs	1:09.2
7	Isabella Harwood	1:14.9
8	Roisin Ward	1:22.5

**Open 300m Heat 2**

1	Daniel Sink	45.8	<b>50-54 AGR</b>
2	Delta Amidzovski	46.4	
3	Ben Giason	49.7	
4	Lachlan Haining	52.0	
5	Xanthe Barnes	58.5	
6	Henry Forbes	1:03.2	