

## Kembla Joggers Race Results

### Track Series

**Date:** 31st October 2019  
**Venue:** Kerry McCann Athletics Centre  
**Courses:** Snr 5000m, 3000m & 1000m, Jnr 800m

Pos	Name	Time	Age Group Record
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#### Senior 3000m

1	Solomon Black	11:44.9	
2	Poppy Black	12:42.0	
3	Jen Black	14:53.7	

#### Senior 5000m

1	Michael Hickman	41:46.7	85+ AGR
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#### Senior 1000m

1	Shauna Flynn	3:33.4	
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#### Junior 800m

1	Celeste Carolan	2:34.8	
2	Patrick Carolan	2:35.6	
3	Ben Christian	2:35.4	
4	Cody Sullivan	2:40.0	
5	Liam Crawford	3:07.9	
6	Benedict Carolan	3:12.2	
7	Lucy Christian	3:14.3	
8	Ivy Ridgway	3:39.5	
9	Matilda Crawford	4:01.2	